



Co-Occurring Policy Advisory Team

Meeting Minutes

April 21, 2009

Summary

Co-Occurring Policy Advisory Team Members in Attendance (7)

Dr. Kellie Warren (Arizona Department of Juvenile Corrections)

Greg Dicharry (Magellan Health Services)

Vickie Staples (Center for Applied Behavioral Health Policy, Arizona State University)

Karen Hellman (Arizona Department of Corrections)

James de Jesus (Department of Health Services)

Dan Haley (Community Partnership of Southern Arizona)

Stephanie Keefe (COPE Community Services, Inc.)

Co-Occurring Policy Advisory Team Members Absent (2)

Michelle Skurka (Arizona Department of Health Services)

Clifford W. Ford (Administrative Office of the Courts)

Governor's Office Staff (3)

La'Tanya King (GOCYF, DSAP)

Jeanne Blackburn (GOCYF, DSAP)

Cassandra Larsen (GOCYF)

Public (2)

Joanne Basta (LeCroy & Milligan)

Larry Starks (Arizona Department of Juvenile Corrections)



Call to Order and Welcome was made by Dr. Kellie Warren at 1:06 p.m. after noting that a quorum was present.

Introduction of Participants and Guests

- Guests were asked to introduce themselves.

Meeting Minute Approval

- Suggestions were made to edit the minutes.

Corrections: The title of the COPE fiscal manager was inadvertently written as the HOPE fiscal manager.

- La'Tanya King will make the suggested changes and the finalized meeting minutes will be sent to the members.

Review Goals and Mission of CPAT

- **Dr. Kellie Warren** discussed reviewing the goals and mission of CPAT, which serves as the voice of the CO SIG.
- **Dr. Warren** discussed operationalizing co-occurring disorders and addressing the sustainability of the grant.
- **Dr. Warren** discussed the importance of addressing adults and youth in the criminal-justice system with co-occurring disorders.
- **Dr. Warren** emphasized the importance of training those working with individuals with co-occurring disorders.
- **Greg Dicharry** stated that he felt the group needs to focus on broader spectrum of co-occurring issues.
- **Dr. Warren** addressed how the group can focus strategically on outcomes and illustrate how these goals will be accomplished.
 - Dr. Warren indicated the need to incorporate juvenile justice professionals into CPAT's work, discussed how many representatives would be at the table, and the need to incorporate the recommendations of staff about who should be at the table.

Brief Updates from Partnering Agencies and Organizations

- **Greg Dicharry** reported that Magellan has created a team of providers from ADHS (primarily adult treatment providers) and a resource guide of contracted providers for use by case providers.
- **Greg Dicharry** reported that the Youth Leadership team at Magellan is utilizing youth to influence systems change. Reporting MyLife collaborates with juvenile justice system and advocates for change by sharing their experiences with the juvenile-justice system. Reporting there is a youth 12-step programs in the detention facilities and making sure that the youth have sponsors upon their re-entry into the community. Greg reported MyLife meetings start this weekend, which will provide the same opportunity for changes around substance abuse, mental health and foster care.



- **Dr. Warren** would like to know if Magellan has the necessary resources to come into ADJC facilities in order to provide these services; Magellan indicated that the resources exist. Dr. Warren and Magellan will coordinate to determine how to make such a partnership happen.
- **Vickie Staples** updated the group that the Center for Applied Behavioral Health Policy (CABPH) is still collecting data on individuals in the Service Pilot Project (SPP). By the end of July, CABHP will be finished with this data collection. CABHP's Summer Institute will happen July 17-24 with various groups, including MyLife, ADJC, and the Arizona Department of Corrections, will present on a variety of issues. Vickie participated in the federal CO SIG site visit.
- **James de Jesus** from ADHS indicated that his agency is meeting with system partners (ADJC; Cliff Ford, Steve Tyrell, CPS, DD) to create strategic plans within each agency so that they can work collaboratively with them to address the identified issues (approx. 1 meeting monthly). No specific goals have yet been identified, but will be in future meetings.
- **Karen Hellman** updated the group regarding her participation in the federal site visit and provided information toward the final site visit report. Four Psychology Associates for each of 4 sites was the goal of sustaining their work related to the CO SIG. However, ADC was able to surpass this goal as Psychology Associates will be utilized in 6 sites. Information will be shipped to the sites today and focus groups will be conducted to evaluate the use of Psychology Associates (what worked, what didn't). The federal site visit included a visit to the Aspen unit where four inmates were interviewed. Dan Haley from CPSA inquired as to how inmates are recruited for the Aspen program as he has inmates that will be sent to the Phoenix valley. Karen will provide him with the criteria for inmates being accepted into the Aspen program (mental health scores, time left on sentence, etc.).
- **Dr. Warren** indicated that three community alternative initiative (post-adjudication diversion program) programs are being piloted. Criteria have been identified to get youth attached to services following the Reception, Assessment and Classification (RAC) process. ADJC has been meeting with providers to secure support for these youth as ADJC is not a mental health system (7 – 11 youth). A pamphlet is under construction that will identify the criteria (M1 and M2) for releasing the youth to the family with services. A day and evening support center will be piloted on May 31, 2009; youth on community parole will come to the center for curriculum and support that will serve as transition services for youth who are not yet ready to leave the system (i.e., they are not ready to detach from the personnel and routine of the ADJC system). Action Plans will be created to ensure that the process is systematic and successful.



- *Skills for Work* is a program targeted to youth who are transitioning to the outside within a short amount of time. Youth will be in the community for periods of time to help them acclimate to the community before they are released. The Pilot Program is scheduled to start June 30, 2009 with 24 youth. Pilot processes for all three programs will be completed by fall with the operationalization of final program completed at that time. The ultimate goal is to ensure that youth are attached to services prior to release. The multi-system meetings are attempting to achieve this goal, especially for Title 19 youth who lose eligibility once they are detained for 30 days. RBHAs are working toward providing the youths' previous case records to the ADJC facilities by the end of the RAC process.
- ADJC continues to work on building infrastructure for transitioning youth into and out of the system providing a seamless system of care. These initiatives will sustain the programs for co-occurring disorders.
- **Larry Starks** from ADJC discussed partnering agencies and a database of community services for co-occurring disorders, informing the group that 100 providers already have been identified. This allows youth to be directed to the appropriate providers, not just ADJC providers. Collaboration such as this should be brought to the CPAT table to ensure that the 79% of youth who age out of the system are directed to ADHS, DBHS instead of to the juvenile justice system.

Discussion on Strategizing Accomplishment and Sustainability

The group identified four areas of accomplishments and sustainability:

Cross-Systems

Intra-Agency

Community-Based Providers

Consumers and Families

Cross-Systems

- **Vickie Staples** asked about asking people to present at the CPAT meetings on topics such as AHCCCS eligibility—Cross Agency/Systems (as previously discussed at CPAT meetings).
 - Vickie also discussed the agreements between RBHAs and agencies (collaborative agreements) that can be used as examples.
- **Greg Dicharry** indicated that systems should involve more front line staff in order to utilize their expertise across systems of care.
- **Karen Hellman** asked about MOUs as a way of formalizing the steps so that when staff changes, the procedures are already in place that detail the way in which agencies collaborate and work together.



- **Dr. Warren** responded that protocols already used by ADJC can inform this process and serve as examples. She also mentioned that sharing curriculum across systems helps sustainability especially in a budget crisis.
- **Karen Hellman** suggested creating a website that can be used by all to share information.

Intra-Agency

- AOC The needs assessment tool from ADJC has been modified and is being piloted.
- ADJC questioned how do we keep the screening assessments, etc. sustained.
- ADC indicated that the curriculum that was utilized to train probation and other staff was presented/used by COCE and asked how to continue to offer these trainings as well as inquiring about the sustainability of these pieces.
- CPAT members are asked to bring ideas to the next meeting regarding partnering agencies.

Community Providers

- **Greg Dicharry** asked how we define community providers.
- **Dr. Warren** stated that communities are willing to help, but that the relationships have to be created and then sustained.
- **Karen Hellman** asked whether we can invite leaders of 12-step programs to the table. This may assist in breaking down the stigma of medications used in recovery so that former inmates who participate in the community/12-step groups are not faced with an either/or decision (i.e., either forgo medication or relapse due to self-medication).
- **Greg Dicharry** indicated that the *Bridging the Gap* program does a lot to help inmates transition successfully to the community. Having them at the table would help inform them of the purpose of the group so that they can determine how they can be most useful and see where they are needed.
- **Dr. Warren** asked whether presentations from community providers can be had at CPAT.
- **Vickie Staples** stated that CABHP can be a resource for advertising co-occurring trainings that are available to the community and others.
- **Dr. Warren** indicated that we need youth and the Department of Education at the table to help address this issue.



Consumers and Families

- **Dr. Warren** suggested that consumers and families are the ones that can tell us what they need.
 - **Greg Dicharry** indicated that he can facilitate this process.
- **Dr. Warren** indicated that the Family Involvement Center can be utilized as a resource and can present at meetings whenever possible.
- **Dr. Warren** also responded that it may be beneficial to have a youth at the CPAT table to ensure that the group is heading in the correct direction and/or have focus groups to identify the needs of youth.
 - Jeanne Blackburn indicated that the Emerging Issues Subcommittee should partner with this effort as that group also seeks to determine the needs of youth and the issues they face surrounding Emerging Issues, especially as it pertains to substance abuse and co-occurring substance abuse and mental health issues.
- **Greg Dicharry** indicated that the inmate and detainee transition process crosses all of these topic areas.
- **Larry Starks and Dr. Warren** inquired as to how we can get youth attached back into the educational system

Next Steps

- Develop a working plan to keep the group on track toward meeting their goals and objectives.
- Create and provide a master list of meetings that relate to co-occurring issues so that everyone is aware of the meetings and can inquire as to the outcomes of the meetings as appropriate.
- CPAT members are asked to bring ideas to the next meeting.
- **Joanne Basta** asked whether everyone working on evaluations of the CO SIG can come together to discuss all of the evaluations that are being conducted in order to share the information and ideas about lessons learned In order to inform the sustainability of the CO SIG efforts.

Next Meeting – Tuesday, May 19, 2009

Upcoming Activities

4th Annual Substance Abuse Conference, April 29 and 30. 2009

Adjourn at 2:31 p.m.

Minutes submitted by Jeanne Blackburn (GOCYF, DSAP).